

AROQYAM.

RADIOPROGRAMME - PUSHPAVANI AROGYAM

Dentistry

subject - Gum diseases and Oral health

Date - 14/7/21

Chief coordinator - Dr Vinod Mathew

Presented by - Dr Rino Roopak

- Dr Thomsy Maria Antony



RJ

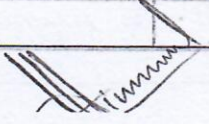
Pushpagiri Meditalk live radioprogram started at Radio Mafast 90.4. The programme commenced with a brief introduction about gum diseases and oral health by Dr Rino Roopak. After giving the introduction the topic was explained in detail by Dr Thomsy Maria Antony about various types, causes, management, prevention of gum diseases and importance of oral health. Treatments & dental care provided during this covid pandemic was also explained. The session was concluded by making people aware of importance of oral health and the need for frequent consultation with dentist, if any gum related symptoms arises. The programme was concluded at 10am. RJ then signed off.

Evaluation was based on - Subject knowledge  
- speech clarity  
Modulation  
Content  
Confidence

Procedure

Programme helped to improve my confidence. Time limit was maintained.

Listeners	Observer	Procedure
<ul style="list-style-type: none"> <li>- Subject knowledge was good</li> <li>- clarity of presenter was good</li> </ul>	<ul style="list-style-type: none"> <li>- Presenter maintained the confidence level throughout the programme</li> <li>- It was informative</li> </ul>	<ul style="list-style-type: none"> <li>Programme helped to improve my confidence level</li> <li>- Time limit was maintained.</li> </ul>



RADIOGRAM

RADIOPROGRAMME - PUSHPAVANI AROGYAM



Subject: Importance Of Oral Health

Date:

Chief Co-ordinator: Dr. Vinod Mathew

Presented by : Dr. Shreya Sajan Mathews  
Dr. John Christopher Jora

started at  
with a  
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Pushpagiri Meditalk live programme started at Radio market 90.4. The programme commenced with a brief introduction about importance of oral health by Dr. Shreya Sajan Mathews. After giving the introduction, the topic was explained in detail by Dr. John Christopher Jora about importance of oral health, maintenance of oral health and importance of regular checkup. Treatments and dental care provided during this COVID-19 pandemic was also explained. The session was concluded by making people aware of importance of oral health and the need for frequent consultation with dentist. The programme was concluded at 10:00 am. RJ then signed off.

Evaluation was based on -  
Subject knowledge  
Speech clarity  
Modulations  
Content  
Confidence.

Produced,  
programme helped  
improve my  
confidence level.  
limit was  
maintained.

Listeners	Observers	Producers
<ul style="list-style-type: none"> <li>- Subject knowledge was good</li> <li>- clarity of presentation was good</li> </ul>	<ul style="list-style-type: none"> <li>- Demeanor maintained the confidence level throughout the programme</li> <li>- It was informative</li> </ul>	<ul style="list-style-type: none"> <li>- Programme helped to improve my confidence level</li> <li>- Time limit was maintained</li> </ul>

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RADIOPROGRAMME - PUSHPAVANI AROGYAN

SUBJECT :- ORAL HABITS IN CHILDREN

DATE :- 7-10-2021

CHIEF COORDINATOR : DR. VINOD MATHEW

PRESENTED BY :- DR. RINO ROOPAK

DR. GAYATHRI VIJAYAN



Pushpagiri Meditalk live programme started at Radio Maifest 90.4. The programme commenced with a brief introduction by Dr. Rino Roopak about the topic oral habits in children, mainly the abnormal oral habits in children. After giving the introduction, the topic was explained in detail by Dr. Gayathri Vijayan about the abnormal oral habits in children. Certain abnormal oral habits like mouth breathing, tongue thrusting, Thumb sucking, Nail biting were explained during the session. Treatments and dental care provided during this covid-19 pandemic was also explained. The session was concluded by making people aware of intercepting the abnormal oral habits in children. ~~at early as possible~~ ~~was~~ consultation of with dentist as early as possible. The programme was concluded at 10:00am, RS then signed off.

Evaluation was based on :-  
 subject knowledge  
 speech clarity  
 Modulation  
 Content  
 confidence.

*Dr. Rino Roopak*  
 07/10/21  
 Listener

- subject knowledge was

observed

Procedure

presented maintained confidence & programme helped

to improve my

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RADIOPROGRAMME - PUSHPAVANI AROGYAM

Subject: Tooth impaction

Date: 28-10-2021

Chief coordinators: Dr. Vinod Mathew

Presented by: Dr. Ravi Rajan

Dr. Christena Varughese



RJ:

Pushpagiri Meditalk live programme started at Radio Macfest 90.4. The programme commenced with a brief introduction by Dr. Ravi Rajan about the topic tooth impaction, its clinical appearance and different treatment options. After the introduction the topic was explained in detail by Dr. Christena. The topic included reasons, features and different types of tooth impaction. Treatment options and post-operative care methods were also explained in the session. Commonly using diagnostic methods and certain patient concerns were narrated during the programme. The session was concluded by making people aware about the management of impacted teeth. The program wound up at 10:00 am. RJ then signed off.

Evaluation was based on:

- Subject knowledge
- Speech clarity
- Modulation
- Content
- Confidence

Listeners  
Subject knowledge  
increased

Observers  
Presenter maintained confidence  
throughout programme

Procedure  
Program helped to improve  
my confidence level

RADIOPROGRAMME - PUSHPAVANI AROGYAM

Subject : Oral habits and oral hygiene measures  
 Date : 11-11-2021  
 Chief coordinators : Dr. Vinod Mathew Mulamootil  
 Presented by : Dr. Rino Roopak Soman  
 Dr. Christy S Simon



RJ :

Pushpagiri Meditalk live programme started at Radiomacfast 90.4. The programme commenced with a brief introduction by Dr. Rino Roopak Soman about the topic oral habits and oral hygiene measures. After the introduction, the topic was explained in detail by Dr. Christy S Simon about the importance of oral health, various oral habits and their effects on oral health and various oral hygiene measures. Methods of oral hygiene, flossing and its technique, association of oral health & systemic diseases, oral health and old age, frequency of oral checkup & its importance, oral hygiene measures in hypersensitive patients were also explained in the session. The session was concluded by making people aware about the various oral habits and oral hygiene measures. The program was concluded at 10:00 am. RJ then signed off.

Evaluation was based on subject knowledge  
 speech clarity  
 Modulation  
 content  
 confidence

Listener

Observer

Procedure

- subject knowledge was good  
 - clarity - presentation

- Presenter maintained confidence throughout

- Program help to improve

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check.

## RADIOPROGRAMME - PUSHPAGIRI AROGYAM

Subject: Smile Designing

Date: 25-11-2021

Chief coordinator - Dr. Vinod Mathew

Presented by: Dr. Amal Fathima

Dr. Anzeeta Grace Varghese



Puspagiri meditalk live programme started at Radiomacast 90.4. The programme commenced with a brief introduction by Dr. Amal Fathima about the importance of smile designing various techniques involved in it. After the introduction the topic was explained in details by Dr. Anzeeta Grace Varghese. The topics covered were the importance of smile designing, and when & how the techniques in smile designing are used, advantages and disadvantages of each technique. The session was concluded by making people aware of the ~~needed~~ various techniques involved in smile designing and when to seek them. The session was concluded at 10:00 am. RJ then signed off.

Evaluation was based on:

- Subject knowledge
- speech clarity
- modulation
- content
- confidence

Listeners	Observers	Presenter -
<ul style="list-style-type: none"> <li>- Subject knowledge was good.</li> <li>- clarity of presentation was good</li> </ul>	<ul style="list-style-type: none"> <li>- Presenter maintained the confidence throughout the programme</li> <li>- It was informative</li> </ul>	<ul style="list-style-type: none"> <li>- Programme helped to improve my confidence level</li> <li>- time limit was maintained</li> </ul>

4th Dec



## RADIOPROGRAMME - PUSHPAGIRI AROGYAM

Subject: Malocclusion

Date: 9/12/21

Chief coordinator: Dr Vinod Mathew Mulamootil

Presenter: Dr Nevin Abraham,

Dr Athreena T.S.

RJ: Aparna



Pushpagiri Meditalk live programme started at Radio Maifest 90.4. The programme commenced with a brief introduction by Dr Nevin Abraham about malocclusion. After the introduction, topic was explained in details by Dr Athreena T.S. The topics covered were causes of malocclusion, sequelae, treatment of malocclusion and brief introduction to orthognathic surgery. Various parental concerns regarding treatment of malocclusion were also discussed. Reasons behind development of malocclusion was explained in detail. The concluded by making people aware about the importance of diagnosing and taking proper measures to prevent development of malocclusion at early stages of life and treating them at appropriate ages if already occured by consulting with a dentist. The programme concluded by 10:00am. RJ then signed off.

Evaluation was based on:

- Subject Knowledge
- Speech Clarity
- Modulation
- Content
- Confidence.

Listener	Observer	Procedure
→ Subject Knowledge	→ Presenter maintained	→ Programme helped

## RADIOPROGRAMME - PUSHPAVANI AROGYAM.

Subject: Halitosis.

Date: 23/12/2021.

Chief Co-ordinator: Dr Vinod Mathew.

Presented by: Dr Prameeta Mathew.

Dr ~~Athy~~ Athila Beegam A.



Pushpagiri medicine live Programme started at Radiomaxfast 90.4. The programme commenced with a brief introduction by Dr. Prameeta Mathew about the oral malodour (halitosis) and its treatment option. After the introduction the topic was explained in details by Dr. Athila Beegam A. The topics covered the etiology, Diagnosis of malodour, preventive measures, treatment needs and management of oral malodour.

The session was conducted by making people aware of their oral hygiene and halitosis prevention.

The session was conducted at 10:00 am. RJ then signed off.

Evaluation was based on: Subject Knowledge.

Speech Clarity.

Modulation.

Content.

Confidence.

Listener	Observer	Presenter.
<ul style="list-style-type: none"> <li>• Subject knowledge was Good.</li> <li>• Clarity of Presentation was</li> </ul>	<ul style="list-style-type: none"> <li>• Presenter maintained the confidence through out the programme.</li> <li>• It was informative.</li> </ul>	<ul style="list-style-type: none"> <li>• Programme helped to improve my confidence level.</li> <li>• Limit was</li> </ul>

Dr. Aby Mathew T. MDS  
Principal  
Pushpagiri College of Dental Sciences

*Athy*



## RADIO PROGRAMME - PUSHPAVANI AROGYAM.

Subject : Importance of early orthodontic intervention in growing age.

Date : 06/01/2022.

Chief coordinator : Dr. Vinod Mathew

Presented by : Dr. Robin Alex

Dr. Amala Jose



RJ : Aparna.

Pushpagiri Meditalk live programme started at Radio maafast 90.4. The programme commenced with a brief introduction by Dr. Robin Alex. He discussed about the need of early orthodontic intervention from the growing age of the child. After the introduction the topic was explained in detail by Dr. Amala Jose. The topic covered the etiology of irregular arrangement of teeth, its ill effects, need of early intervention and different treatment modalities. The session was concluded by making people aware of the importance of optimum harmony between the bone, teeth and other associated organs for optimum growth and development. The session was conducted at 10:00 am. RJ then signed off.

Evaluation was based on :-

- subject knowledge
- Speech clarity
- modulation
- Content
- Confidence.

*[Signature]*  
3/10/2022

Listener	Observer	Presenter
<ul style="list-style-type: none"> <li>• subject knowledge was good</li> <li>• clarity of presentation</li> </ul>	<ul style="list-style-type: none"> <li>- presenter maintained the confidence throughout the</li> </ul>	<ul style="list-style-type: none"> <li>- programme help to improve my</li> </ul>

## RADIOPROGRAMME - PUSHPAVANI AROGYAM

Subject :- Bleaching.

Date :- 10/21/2022

Chief Coordinator :- Dr Vinod Mathew.

Presented by :- Dr Minamol K. Jobny

Dr Silpa Susan Thomas.

R.J :-



Pushpagiri Meditalk live programme started at Radio MacFast 90.4. The programme commenced with an introduction by Dr Minamol K. Jobny about bleaching. After the introduction the topic was explained in detail by Dr Silpa Susan Thomas about the causes of tooth discolouration, different treatment techniques for tooth discolouration, In-office technique, home bleaching technique, precautions taken & instructions given during bleaching. The programme was conducted at 10am RJ then signed off.

Evaluation was based on :-

- Subject knowledge
- Speech clarity
- Modulation
- Content
- Confidence

~~Dr. Minamol K. Jobny~~  
10/21/22

Listener	Observer	Procedure
- Subject knowledge was good	- Presenter maintained the confidence throughout the programme	- programme helped to improve my confidence level
- clarity of presentation		- Time limit was

RADIOPROGRAMME - PUSHPAVANI AROGYAM

Subject :- Root Canal Treatment

Date :- 11/6/2022

Chief Coordinator :- Dr. Vinod Mathew

Presented by :- Dr. Baby James  
Dr. Deena Lily Rodrigues



Pushpagiri mediatalk live programme started at radio Macfast 90.4. The programme commenced with a brief introduction by Dr. Baby James about the topic 'Root canal treatment'. After the introduction the topic was explained in detail by Dr. Deena Lily Rodrigues. The topics covered were indications, procedure, side effects if any, need for a crown.

The session was concluded by making people realize the importance of maintaining natural teeth through root canal treatment. The session was concluded by Dr. Deena Lily. Evaluation was based on it

- Subject knowledge
- Speech Clarity
- Modulation
- Content
- Confidence.

Dr. Aby Mathew T. MDS  
Principal  
Pushpagiri College of Dental Sciences

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Listeners

Observed

Presenter

Subject knowledge was good

Presenter maintained the confidence throughout the programme

Programme helped to improve my Confidence.

RADIOPROGRAMME - PUSHPAVANI AROGYAM

Subject :- Diet Counselling .

Date :- 29/6/2022

Chief Coordinator :- Dr. Vinod Mathew

Presented by :- Dr. Reno Roopuk  
Dr. Nila Mathew



Pushpagiri meditalk live program started at radio Maefart 90.4. The program commenced with a brief introduction by Dr. Reno Roopuk about the topic "Diet Counselling". After the introduction the topic was explained in detail by Dr. Nila Mathew. The Topic covered about healthy diet, importance of milk and milk product, correct use of flossing. The session was concluded by making people realize the importance of maintaining natural tooth through healthy diet. The session was concluded by Dr. Nila Mathew

Evaluation was based on :- Subject knowledge  
Speech clarity  
Modulation  
Content  
Confidence.

Listeners	Observer	Presenter
Subject knowledge was good	Presenter maintained the confidence throughout the program.	programme helps to improve my Confidence
clarity of presentation was good	It was informative	Time limit was

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AROGYAM

RADIO PROGRAMME - PUSHPAGIR

AROGYAM

Subject : Post operative instructions after "extraction."

Date : 24/03/22

Chief Coordinator : Dr. Vinod Mathew

Presented by : Dr. Sherly  
Dr. Annu Chacko.



Pushpagiri mediatalk live programme started at Radiomayant 90.4. The programme commenced with a brief introduction by Dr. Sherly about the topic - Post extraction instruction after extraction. After the introduction the topic was explained in detail by Dr. Annu Chacko. The topic covered about the necessity to follow instructions to avoid complication & for better healing. Instructions that must follow by the patient after extraction was explained in such a manner that they will do for the better recovery of the extraction site.

The session was concluded by making people realize the need of following instruction & also the importance to replace missing teeth region to avoid unnecessary movements of adjacent teeth & for better occlusion. The programme concluded at 10:00am. ~~by~~ by Dr. Annu Chacko & then RJ signed off.

Evaluation was based on Subject knowledge  
speech clarity  
Modulation  
Content, Confidence.

Listener	Observer	Presenter
Subject knowledge was good.	Presenter maintained the confidence throughout the programme.	Program helped to improve my confidence.

Dr. Aby Mathew T. MDS  
Principal  
Pushpagiri College of Dental Sciences

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RADIOPROGRAMME : PUSHPAVANI AROGYAM

Subject : Smoking and Oral Health

Date : 29-07-2022

Coordinator : Dr. Vinod Mathur

Hosted By : Dr. Rino Roopak

Dr. Varsha Meera Babu



Pushpagiri Med-talk like programme started at RadioMag 10.4. The programme commenced with a brief introduction by Dr. Rino Roopak about the topic - Smoking and Oral Health. After the introduction, the topic was explained in detail by Dr. Varsha Meera Babu. The topics covered were prevalence, side effects of smoking in oral cavity and general well being, treatment of conditions caused due to smoking, legal actions taken by government to reduce smoking and methods to prevent addiction to smoking among public.

session was concluded by making people realise the effects of smoking on oral health. The programme was concluded at 10:00 am - P.M. then signed off.

evaluation was based on : Subject knowledge  
Speech clarity  
Modulations  
Content  
Confidence

Listener	Observer	Presenter
Knowledge as good	Presenter maintained confidence throughout the programme	Programme helped to improve my confidence
Quality of presentation		



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STAFF (M)  
LIST OF  
44%  
52.7%  
RESULTS  
CAMP STP  
CHIEF  
VENUE  
DATE

## RADIOPROGRAMME : PUSHPAVANI AROGYAM

Subject : Clear aligners  
 Date : 21/07/2022  
 Chief coordinator: Dr. Vinod Mathew  
 Presented by : Dr. Robin Alex Cherian  
 Dr. Anoop Ramachandran

Pushpagiri Meditalk live programme started at Radio MACFAST 90.4. The programme commenced with a brief introduction by Dr. Robin Alex Cherian about the topic Clear aligners. After the introduction the topic was explained in detail by Dr. Anoop Ramachandran. The topic covered about uses, indications, contraindications and management of clear aligners. The session was concluded by giving awareness about the importance of taking clear aligners and maintaining the oral hygiene. The programme concluded at 10:00am RJ then signed off.

Evaluation was based on  
 Subject knowledge  
 Speech clarity  
 Modulation  
 Content  
 Confidence.

Listener	Observer	Presenter
Subject knowledge was good	Presenter maintained the confidence throughout the programme	Programme helped to improve my confidence
Clarity & presentation was good	It was informative	Time limit was maintained.

## RADIOPROGRAMME : PUSHPAGIRI AROGYAM

Subject : Early childhood caries.

Date : 4/02/2022

Chief coordinator : Dr. Vinod Mathew

Presented by : Dr. Subbalakshmi

Dr. Kaipa Masiam Krishna



Pushpagiri mediatalk live programme started at RADIO MACFAST 90.4. The programme commenced with a brief introduction by Dr. Subbalakshmi about the topic 'Early childhood caries'. After the introduction the topic was explained in detail by Dr. Kaipa Masiam Krishna. The topic covered about signs & symptoms, causes, management & prevention of early childhood caries.

The session was concluded by making people aware about the importance of milk teeth & its prevention of caries. The programme concluded at 10:00am. RJ signed off.

Evaluation was based on knowledge of subject  
 Speech clarity  
 Modulation  
 Content  
 Confidence

Listeners

Observer

Presenter

Subject knowledge was good

Presenter maintained the confidence throughout the programme

Programme helped to improve my confidence

Clarity & presentation was good

It was informative

Time limit was maintained.

RADIO PROGRAMME : PUSHPAGIRI AROGIYAM

Subject : Dental prosthesis ; its problems and solution.

Date : 14 April 2022

Chief coordinator : Dr Vinod Mathew

Presented by : Dr Rino Reopak Soman

Dr. Rani Teresa Jose



Pushpagiri Radiotalk live program started at Radionac just 90.4. The program commenced with brief introduction by Dr. Rino Reopak Soman about the topic dental prosthesis - its associated problems and solutions. After the introduction, the topic was explained in detail by Dr. Rani Teresa Jose. The topics covered were necessity of replacing the missing teeth, its advantages, disadvantages, problems associated with fixed denture, removable denture and implants and its solution.

The session was concluded by making people realise about the various solutions to the problems associated with dental prosthesis. The program was concluded at 10:00am. RJ then signed off.

Evaluation was based on:

- subject knowledge
- speech clarity
- Modulation
- content
- confidence

Listeners  
subject knowledge  
was good  
clarity of presentation

Observer  
Presenter maintained  
confidence throughout  
program.  
It was informative

Presenter  
Program helped to  
improve my  
confidence  
Time limit was



RADIO PROGRAM : PUSHPAGIRI AROGYAM.

Subject : Pre and Post operative instructions after Extractions

Date : 04/08/2022.

Chief coordinator : Dr Vinod Mathew

Presented by : Dr Ravi Rajan  
Dr Silja C A

Pushpagiri meditelus live programme started at Radiomacast 90.4. The programme commenced with a brief introduction by Dr. Ravi Rajan about the topic - Pre and post operative instructions after extraction. After the introduction the topic was explained in detail by Dr. silja c.a. The topic covered about the necessity to follow instruction to avoid complication & for better healing. Instruction that must follow by the Patient after extraction was explained in a such a manner that they will do for the better recovery of the extraction site.

The session was concluded by making people realize the importance of regular checkup & maintaining the oral health. The programme concluded at 10:00 am P.M. The signed off.

Evaluation was based on subject knowledge  
Speech clarity  
modulation  
content, confidence

*Done at 10/08/22*

Listener	Observer	Presenter
subject knowledge was good.	presenter maintained the confidence throughout the programme.	Program helped to improve my confidence

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RADIOPROGRAMME - PUSHPAVANI AROGYAM



Subject: Fixed Partial Denture  
Date: 02/06/2022  
Chief coordinator: Dr. Vinod Mathew  
Presented by: Dr. Rene Kuriakose  
Dr. Geetha Thomas

Pushpagiri Meditalk live programme started at Radio Macfast 90.4. The programme commenced with an introduction by Dr. Rene Kuriakose, wherein she explained about importance of teeth in various functions like speech, swallowing. Teeth also plays a major role in maintaining facial aesthetics and level of confidence. She had also explained about various types of fixed partial dentures and their uses. After introduction, the topic was explained in detail by Dr. Geetha Thomas. The topics covered were about various conditions where we could use FPD, its advantages and disadvantages. The various measures to be taken after placing FPD were also discussed. The various types of FPD's available were also explained in the session. The session was concluded by making people aware about various types of FPD's. The session was concluded at 10:00 am. The RT then signed off.

- Evaluation was based on:-  
Subject knowledge  
Speech clarity  
Modulation  
Content  
Confidence.

Listener	Observer	Procedure
Subject knowledge was good.	Presenter maintained the confidence throughout	Programme helped to improve my confidence

